

UPC OUTPATIENT PSYCHOTHERAPY CLINIC

Providing psychotherapy/talk therapy to UNMH patients and our community



FREQUENTLY ASKED QUESTIONS

HOW LONG IS YOUR WAITLIST?

No Waitlist!

All patients are welcome to come to the walk in clinic, during walk in times. →

HOW DO I GET INTO AN EPISODE OF CARE?

Attend Walk-in Clinic

Patients will need to come to the walk in clinic before they are eligible for an episode of care.

IS THERE A NUMBER OF WALK INS A PATIENT NEEDS TO ATTEND TO GET INTO AN EPISODE OF CARE?

No!

The number of walk in sessions a patient may attend before receiving an episode of care may differ.

There is no “special number” of sessions a patient will need to attend before they are eligible for an episode of care. For some people, one walk in meeting will give them all the help they need. Other patients come back when they have a new problem, or they want to learn another skill.

WILL I GET THE SAME PROVIDER EACH TIME?

Not Guaranteed

Our clinic does team based care, therefore, if a patient comes multiple times to walk in they may get a different therapist.

DOES YOUR CLINIC OFFER LONG TERM SUPPORTIVE THERAPY?

No

We offer structured therapy based on patient factors. The psychotherapy team will determine and make recommendation to the patient for an active episode of care. We do not provide open-ended supportive therapy, but can help patients identify outpatient community providers for that service.

WALK-IN CLINIC HOURS

Monday	12:00pm-2:30pm
Tuesday	8:00am-10:30am
Wednesday	12:00pm-2:30pm
Thursday	8:00am-10:30am
Friday	12:00pm-2:30pm

CONTACT INFORMATION

Address: 2600 Marble Ave
Albuquerque, NM 87106
Psychotherapy is located on the 2nd floor
Phone: 505.272.2800